



# *The Compassionate Friends*

Supporting Family After a Child Dies

## **Upcoming Meetings**

SEPTEMBER 27, 2016

JAN BORGMAN

OCTOBER 25, 2016

READY FOR THE  
HOLIDAYS?

NOV 22, 2016

YVONNE ROBBE  
MSW

## **Steering Committee**

### Chapter CoLeaders-

Lindsay Bibler  
652-7470

Susan Geisinger 732-0493

Treasurer Joe Trevino  
513-731-1414

Librarian Diana Trevino\*  
\*Retiring

### Newsletter

Lindsay Bibler

### Website

Dave Clawson 614-302-0657

### Steering Committee

Beth Wulker Becky Smith

Carol Hoobler

JOIN US TO HEAR  
**JAN BORGMAN**

CHILDREN'S HOSPITAL  
Grief Counselor

On dealing with Grief

**TUESDAY, SEPTEMBER 27TH  
7:00 PM  
ST. TIMOTHY'S EPISCOPAL CHURCH  
8101 BEECHMONT AVENUE**

## **A SOLITARY JOURNEY**

Grief is a solitary journey. Only you know the gaping hole left in your life when someone you love has died. And no one but you can mourn the silence that was once filled with laughter and song. It is the nature of love and of death to touch every person in a totally unique way. Comfort comes from knowing that people have made the same journey. And solace comes from understanding how others have learned to sing again.

Helen Steiner Rice

## **ENROLL IN KROGERS COMMUNITY REWARDS AND HELP OUR CINCINNATI EAST CHAPTER!**

1. Go to [krogers.com](https://www.krogers.com) and sign in.
2. From the top bar, select [Community](#).
3. Use the Community drop down to select [Community rewards](#).
4. Scroll to the bottom of the page and click on [Rewards Details](#).
5. At the bottom click on [Enroll](#).
6. Type in [Compassionate Friends](#).
7. Be sure to click on [Cincinnati East chapter #53458](#) (there are others).

**THANK YOU! THIS WILL NOT AFFECT OR REMOVE YOUR GAS POINTS!**

### **WHO WE ARE**

We are the Compassionate Friends. We are your organization. We are you. No better, no smarter, no more experienced (well, maybe slightly, only because we have been at it longer), just fellow bereaved parents struggling along. We come from all walks of life. We are just people, grieving parents (siblings and grandparents) who are trying to help themselves and others. No pat answers, no glib replies, no religion, no color, and no judgement....truly WE ARE YOU!

You may not know us well. Say nothing or say a lot. No barriers, no requirements. Only the promise that whether you listen or lead, you will find genuine understanding and shared experiences.

Come to a meeting and realize that you are truly not alone in your grief and loneliness, in your anger, craziness and pain. WE ARE YOU!  
(from TCF/Portland OR newsletter)

#### **A note from Lindsay:**

I have visited three chapters in other cities during my travels. It gives us ideas about what else we can do in our chapter to fill the needs of our members. If you have ideas, talk to Susan or me, or anyone on the steering committee. Even better, attend one of our meetings. It takes a village to keep the chapter going, set up and take down the meetings, and to put on the programs we do. Our next steering committee meeting is on Tuesday, November 1st at 6:30 PM at the Beechmont Panera.

